

PROGRAM OVERVIEW

RSTL program areas



Raising St. Louis (RSTL) brings services to St. Louis families in a coordinated, systematic way, in partnership with organizations known to meet specific individual and family needs. **Any woman who lives within the 28 targeted zip codes of St. Louis City and is pregnant is eligible to participate in RSTL.** See the program's four main areas of work on the left.

Few key terms:

- **Enrolled** – a mom who had her intake visit with RSTL, her first contact with the program
- **Active** – a mom who went through the first two home visits – intake visit and first foundational visit – that introduced her to the program, and is receiving home visits from educators as of the data query date
- **Father/father-figure** – an adult male figure in the family who fulfills father role in a child's life by providing care and supporting the development of the child



ABOUT RSTL MOMS

The program documents demographic details, zip code of residence, and other characteristics of moms enrolled and active in RSTL.

The majority of active RSTL moms are African-American (88%), between the ages of 18 and 29 years (64%), and with older child(ren) born before joining RSTL (59%). Residences of RSTL moms are spread across 28 zip codes in St. Louis City and County.

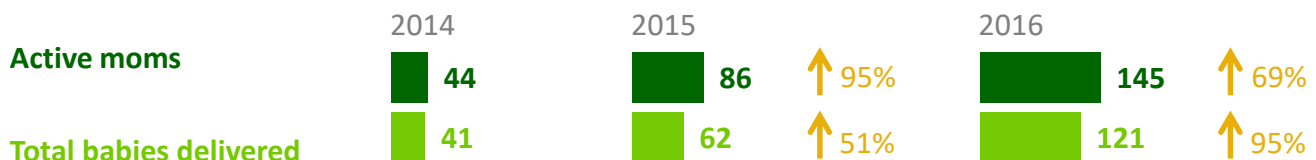
As of the end of 2016:

115 moms delivered 121 babies
31 moms were still pregnant
→ 94% were in their third trimester

Most (68%) of RSTL babies were under 12 months old.



The number of moms participating in the program and babies born continues to grow.



Of the 240 moms who were enrolled in RSTL, 60% moms were active in the program at the end of 2016.

IMPLEMENT HOME VISITS

RSTL implements two evidence-based home visitation models: **Nurses for Newborns (NFN)** and **Parents as Teachers (PAT)**. Highly trained educators from NFN and PAT visit families in their homes and offer tailored services to meet the family's need(s), which may range from health-related education to improving parenting skills to conducting periodic health assessments on moms and children.

The snapshots below are based on a sample of active moms as of the end of 2016. Complete findings will be available in the future reports, after revisions are made to the home visit level database.

NFN visits scheduled:



PAT visits scheduled:



Most common reason for missed NFN visits was families not answering at a scheduled visit (28%).

Most common reason for missed PAT visits was families cancelling a scheduled visit (34%).

PROMOTE HEALTH

RSTL promotes maternal and child health among participating families by providing support during home visits and by conducting periodic health assessments to screen for potential health risks.

As of the end of 2016:

63% moms reported receiving Adequate or Adequate Plus prenatal care

Developmental delays (ASQ-3) assessments*



Of the 114 singleton babies born:

(1 singleton child from a re-engaged mom excluded)



Socio-emotional concerns (ASQ-SE) assessments*



Health assessments*



*a sample of selected assessments and assessment periods

PROVIDE FAMILY SUPPORT

In addition to home visits, RSTL provided support to participating families through monthly Family Connection Meetings.

The program conducted a survey in 2016 among a sample of RSTL participants to measure their level of satisfaction with the program.

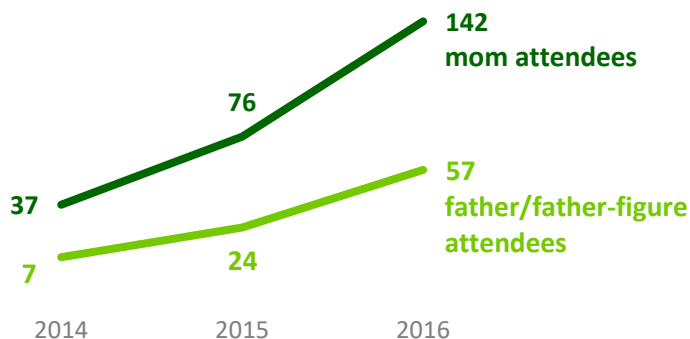
27 Family Connections Meetings were held, as of the end of 2016

100% respondents

- thought RSTL strengthened their child's development;
- would continue in the program; &
- would recommend RSTL to a friend.

Mom and father/father-figure attendance in Family Connections Meetings have increased over time.

Most respondents thought educators provided them sufficient information about parenting and childcare.



(n = 17 survey participants)

FACILITATE REFERRALS

During home visits, nurses and parent educators referred families to organizations or other entities that can assist the families to meet their identified need(s).

Need Identified → **Referred to Agency**

- Out of 145 active moms:
- **88 (61%) moms had at least one need identified**
 - 448 total needs identified
 - On average, each mom identified roughly 9 needs
 - Number of needs varied widely, from 0 to 44 needs per mom

- Among 88 moms with need identified:
- **69 moms received referral(s)**
 - educators made 255 referrals to more than 55 agencies



Agency Contacted

- Among 69 moms who received referrals:
- **57 moms contacted the referred agency**
 - 129 total needs addressed

Roughly two-thirds of the time, referral was made within one month of the need being identified

